

Pet Health: Why Vaccinate?



It Takes A Village Newsletter

March 2008

Vaccination or immunization can be used to booster the body's immunity defence against infectious agents. In an individual animal, the goal of vaccination is prevention of disease. Puppies and kittens receive a series of vaccines ending at a time when we know the baby's own immune system should be able to respond.

WHY DO I NEED TO HAVE MY PET VACCINATED ANNUALLY?

Vaccines are licensed based on the minimum duration they can be expected to last. We know our vaccines last at least one year and we haven't been willing to take a chance on whether they might last longer without knowing for sure.

TITER VERSUS ANNUAL VACCINATION

Should we perform annual antibody titers in patients rather than annually booster by vaccination? At this time there are no standardized laboratory methods in Canada or the USA for determining antibody concentration in the blood. Antibody titer does not necessarily correlate with protection, that is, a high titer does not mean the dog or cat is protected from getting the disease and vice versa with a low titer. In the next few years genetically engineered vaccines, called recombinant vaccines, will predominate. These types of vaccines will not produce antibody that is measurable in the form of a titer.

VACCINE SAFETY

For most vaccines available today it must be assumed that the benefits of vaccination far outweigh the risk of vaccine-induced illness or disease. Guidelines for vaccine protocols centre on core and non-core vaccines. What makes a vaccine a core Vaccine? - 1) Severity of disease, 2) Risk of transmissibility of the agent to other animals, 3) Potential for an infectious agent to be passed onto people. Non-core vaccines are recommended when a known or likely risk is anticipated or when an animal's lifestyle represents a reasonable risk. The best advice is to ask your veterinarian what vaccines are necessary based on risk assessment and lifestyle of your pet.

WHAT TYPE OF VACCINE REACTIONS CAN BE SEEN?

Vaccine reactions are unusual but possible. Allergic reactions characterized by facial swelling and hives have occurred. The incidence of vaccine associated tumours in cats at injection sites is 1:10,000 and more investigation

needs to occur to positively associate this type of tumour with vaccination using adjuvanted-type vaccines in cats. The association between immune mediated hemolytic anemia and vaccines has not been proven either. At this time sufficient scientific data is lacking for both of the above reactions. Having said that, vaccination is a medical procedure and the veterinarian has an obligation to assess each patient's health status with respect to age, lifestyle and risk of exposure and infection when making the medical decision to vaccinate. It is our responsibility to our patients to keep abreast of the current guidelines when helping you, our clients, make the decision to vaccinate and together we can help your pet live a healthy life.

Courtesy of Public Relations Committee of the Nova Scotia Veterinary Medical Association and Northumberland Veterinary Services Ltd.

NORTHUMBERLAND VETERINARY SERVICES LTD.



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Pugwash Communities in Bloom Wins Provincial Competition

Nova Scotia CIB awarded the Village of Pugwash their highest rating, 5 Blooms, in the 2007 provincial competition. This year Pugwash CIB is entered in the 2008 national competition. Our new year begins.



CIB starts 2008 with a Soup Fest. Rid yourself of those lingering winter chills with a steaming bowl of soup, a biscuit, tea/coffee and dessert and perhaps win the door prize. Soup is served from 11:00 a.m.-1:30 p.m. on April 19 at the Hidden Jewel Café. Tickets are \$8.00 and can be purchased in advance from Ann Jeffreys at the PPE, 243-2328, from a CIB member or at the door. All proceeds go to Pugwash CIB.

Next it's the *Great Nova Scotia Pick Me Up*. Pugwash is participating in this event on Saturday, April 26 (rain date April 27 at 1:30 p.m.). Meet with other volunteers at 9:00 a.m. in Eaton Park to spring clean our village. Can't make 9 o'clock? Come to the Hidden Jewel Café and join a work group at 10:30 a.m. or noon when volunteers regroup for coffee, courtesy of CIB. We encourage those who can't make it to the Pick Me-Up Day to tidy their own properties and do a clean-up walk along your street/road. Visit Clean NS website: www.clean.ns.ca

Our successful Spring Garden Seminar is back. CIB is holding the Seminar at The Meeting Place, 169 Russell St. on Saturday, May 3. Two garden experts are speaking. Register at the door. Times and details to be announced at a later date.

CIB is more than flowers. Judging is made on seven criteria including community involvement, heritage and environment. If interested in improving your community Pugwash CIB is looking for volunteers. For information on any of the above events or to become part of this organization call Mary Maron, 257-2468. Check out the Communities in Bloom website at www.communitiesinbloom.ca

It Takes a Village Newsletter is published quarterly — the first Tuesday of June, September, December and March. The deadline for our next issue is **May 15 2008** Maximum word count of 250. We reserve the right to edit for length and readability. Photos or graphics will be used as space allows. Send articles by email to: villagecommission@pugwashvillage.com For more info call: **902-243-2946**.

Congratulations to the many volunteers who have made Communities In Bloom such a success here in our beautiful Village. Well Done !



Since its conception 3yrs ago, our 50/50 lotto has raised over \$ 80,000 for various non-profit organizations in our community.

Remember to donate back your cloth bag refund to our local library fund- a very worthy cause and every little bit helps.

For party trays- veg, fruit ,deli or sandwich, see us first.

March and April birthday wishes:

- Virginia Singer
- Ruth Brownell
- Paula Polley
- Trudy Bouchie
- Matt Parker
- Ryan Field
- Jeff Parker

New Festival Coordinator



The Village Commission is currently reviewing applications for the position of Festivals and Special Events Coordinator. The Commission decided to create this position after being informed by the 2007 Gathering of the Clans organizing Committee that there was no one willing to take on the task of organizing the 2008 Festival. The Commission consulted with the Chamber of Commerce and it was their recommendation that a paid position be created and organized under the umbrella of the Village Commission.

The importance of the Gathering of the Clans to the Village of Pugwash can not be overstated. It has been the premier Canada Day celebration throughout the county, attracting 4 to 5 thousand visitors to the Village each July 1st. 2008 will mark the 57th year of the Festival.

In addition to the Gathering, the Festival's Coordinator will assist with the other festivals and special events that occur in the Village. Helping with administration, registrations, and organizing chores.

The Festivals Coordinator position has been approved for an initial six month term at the end of which the Commission will review the position and decide how to proceed with next year's events planning.

Volunteers will continue to be the heart and soul of the festival, mounting an event on the scale of the Gathering of the Clans just isn't possible without the help of many people. Anyone interested in being part of this exiting summer tradition is welcome to call the Village Hall: 243-2946

What's New @ The Pugwash Library

The Friends of the Pugwash Library have held two successful fundraisers in the past few months. In December the St. Thomas Moore church hall was filled to capacity for 'An Evening of Words & Music' featuring the Funtones, Bill Langstroth, Sue Goyette and Bill Matheson. This event raised over \$1000 for the capital building fund.

On February 29, the Friends celebrated Banned Books Week with the fundraiser, 'Words Unleashed' featuring local celebrities reading from banned and challenged literary works. Always a popular speaker, local author Linda Little was a great host for the evening and over \$800 was added to the fund.

Spring programs available at the library include the knitting club that meets every other Wednesday (in April the meetings will be on the 9th and the 23rd) from 1-2 pm. Also keep on the lookout for the ever popular, 'Crafts with Margaret' with dates to be announced.

Coming in April is the 2nd annual Magic show featuring Al Bernard. The Magic Show will be held on April 11th from 7-8 at the Cyrus Eaton Elementary School. Tickets will go on sale at the library in early April.

In late June signup will start for our Summer Reading Program with reading incentives, prizes and fun programs offered to students from primary to grade 6. For older students in grades 7-12 we will have our Teen Summer Reading program where every two hours of reading will earn you a ballot to win great prizes including gift certificates, coupons and free stuff .



Pugwash Library
243 - 3331

Summer Jobs:

Applications are being accepted now for the following summer jobs:

-Hosts for the Visitor Information Centre (2 positions)

June 27 to August 31

-Recreation Director

June 16 to August 31

Please send resume' to:

Village Clerk

P.O. Box 220

Pugwash, NS

B0K 1L0



Pugwash Farmers' Market

With spring in sight, the Pugwash Farmers' Market Cooperative is looking forward to its third successful season. We expect to reopen in the middle of July with all your favourite vendors, with products including fresh fruit and vegetables, bread and baked goods, jams and jellies, wool and knitted products, meat and eggs, and handmade soap. The market is always looking for new vendors of local and handmade products. For more information email

loukir@ns.sympatico.ca or phone Kirsteen at 243 2684.

Kirsteen
L.A. Animal Shelter
www.laanimalshelter.ca

The Pugwash Office of the Royal Canadian Mounted Police



It appears Spring has Sprung into Pugwash. With the onset of temperate weather many people in the community shall be returning to their boats for both work and play. As such, boating safety becomes a focal point for the community. All boaters are encouraged to make safety their number one concern.

Here are some quick pointers for the boaters of Pugwash:

- ensure that every boat has enough certified life jackets in good condition and sized appropriately for each person aboard
- ensure all safety equipment (bailers, manual propulsion, waterproof lights, flares, fire extinguishers, lights, radar deflectors, whistles, horns etc....)are: available, in good condition and in sufficient quantity to satisfy the legal requirements
- ensure all operators of pleasure boats have their pleasure boat operators course and carry the proof of this training when operating a vessel
- always remember boating and alcohol don't mix

The Pugwash RCMP's main focus for boating is **safety**. Please educate yourself with regard to the requirements for your pleasure craft. To assist with this, we have Safe Boating Guides available for distribution at the Pugwash RCMP office. Recently, the Office for Safe Boating provided a training session to Ground Search and Rescue members. The main goal of this training was to have people available in the community who could provide education on boating as well as safety evaluations for those boaters who requested. With this in mind, the public can contact the local Pugwash Ground Search and Rescue for safe boating material or to request a Courtesy Safety Boating evaluation.

Spring has Sprung. So from everyone at the Pugwash office, lets be safe!!!

By Cst. Paul Bouchere

As Friday the 13th draws near
Many hearts are filled with fear.
If you have the courage of the brave,
Come test it tho the fates may rave.

**North Cumberland
Community Health
Foundation**

Mark Friday, June 13, 2008 as the day you join fellow supporters of the North Cumberland Community Health Foundation at the Northumberland Links for their 4th annual golf tournament in raising funds for our hospital.



We are extending an open invitation to join us on May 30th for our Second Annual "Cake Auction" in support of Harbourfest 2008. Over the past number of years our branch has had many fundraising events in support of local charities and organizations and our auction last year was an outstanding success.

Local community members and staff bake cakes for the auction to be held on May 30th this year with the bidding to start at 3:00 p.m. sharp. We need your financial support to make this a fun and successful event. We will be using the Bank's Team Scotia Community Program, which will match funds raised to a maximum of \$5000.00. Please come early to "register your auction paddle" and enjoy the company of our staff and other community members.

We certainly appreciate your support in this endeavour either by baking or bidding on the cakes. If you are unable to attend and wish to purchase a cake, please contact one of our staff. You can register early, or if you would like to donate a cake for this worthy event you can drop off the cakes at our branch on Water Street early on Friday morning of the 30th of May.

Thank you for your support
Scotiabank Staff, Pugwash, N.S.



Harbourfest

Pugwash's Summer Party!

Committee Chairman, Bert Mc Wade enthusiastically announces that the dates for Pugwash HarbourFest 2008 are July 25th, 26th and 27th inclusive. As in previous years the focus will be on community sponsored and participatory events on and around our beautiful harbour. The tremendously popular events of the past successful HarbourFests will be continued and a number of new and exciting ones are planned. Once again it is intended that

that there will be no admissions charges to spectators of the events nor to the live stage programs.

The Pugwash HarbourFest Committee plans, oversees and co-ordinates events that in themselves are sponsored by our community volunteer groups with financial support from local businesses and the public. Their contributions have made both HarbourFest and the Pugwash area the unique and promising experience we have all come to enjoy. Proceeds from all events go directly to the organizations that hold the events. A stipend is given back to the HarbourFest Committee to assist it in carrying out its mandate.

NEWS FLASH:

To encourage further participation and spectatorship the Pugwash HarbourFest Committee is offering financial assistance, initially in an amount of \$500.00 (five hundred dollars) to any individual, organization, company or group prepared to organize and carry out a "new HarbourFest event". Potential organizers would operate in a manner similar to all other participating groups. For further information on the criteria of participation and financial and planning assistance please contact:

Bert McWade, Chair Pugwash HarbourFest (2008)
60 Pent Street
West Pugwash, NS, B0K 1L0
Tel: 902-243 2681

Other helpful contact numbers of HarbourFest support staff are Ron Urquhart 243-2851, Arnold MacEwan 243-2085, and Bill Kempt 243-3456

Watch for further details about Pugwash HarbourFest 2008 in future issues and in local news media.

The Northumberland Community Curling Club



The Northumberland Community Curling is experiencing an astonishingly successful first season. Barely 6 months after the first sod was turned at 49 New Pugwash Road stones were rolling down the ice. One hundred and fifteen adult members have joined and are enjoying Women's, Men's, Mixed and social curling. Juniors walk over from the high school two afternoons per week and recently were taken to the regionals in River Hebert. They won one game and lost one game. Not bad for beginning curlers! Little Rocks come on Wednesdays and Sunset arrives in their van on Tuesday afternoons to enjoy learning the game and training for Special Olympics. Social membership has surpassed the eighty-five count. All coaching and organization of leagues and bonspiels is done by volunteers. Speaking of volunteers, the entire organization is run by volunteers. This includes cleaning, maintenance, ice-making, bar, entertainment, publicity, information and financial services.

On February NCCC held its Official Opening. Snow swirled to the accompaniment of bag pipes as dignitaries, curlers and interested spectators crowded in to celebrate the event. The piper's parade around the boardwalk was an emotional affair as our Tiny Tots, Little Rocks, Juniors, Sunset residents and officials followed in the steps of the piper to the appointed spot for the cutting of the official ribbon. On-ice demonstrations, music by local musicians, food and beverages, a video slide show of construction and speeches of congratulation rounded out the afternoon.

Curling is the latest buzz word in Pugwash. Don't miss out. Drop by, watch and join in. You'll love it.

Pugwash Village Commission administration office hours:
Monday to Friday
8:30am to 4:30pm
(closed noon to 1pm)
Clerk/Treasurer:
Randy Thompson
Phone: **902 243-2946**
Email: villagecommission@pugwashvillage.com
124 Water Street
PO Box 220, Pugwash, NS
B0K 1L0
www.pugwashvillage.com



North Cumberland Memorial Hospital Auxiliary News:

The first monthly meeting for 2008 of the North Cumberland Memorial Hospital Auxiliary was held Tuesday March 3 at the hospital. Following the routine business, items of note are: Ms Bev Brown the new site manager is still not available; the pledge of \$10,000 toward the new x-ray machine has been forwarded; the shop is doing well and plans are being made to change over to spring and summer stock by the first of April (more volunteers to do sorting are most welcome) and a motion was passed to purchase a new hydraulic outpatient stretcher at a cost of approximately \$4,500.

The slate of officers for 2008-2010 are: President Margaret Jamison, Vice President Beryl MacLean, Secretary Betty MacEwan, Treasurer Claire McKim, shop committee Helen Cameron, Cora Reid, Jeanette Webb, Claire McKim and Margaret Jamison; telephone committee Mary Patterson, Grace Tuttle and Ruth McGrath, membership M.J. Sabeau.

Discussion took place regarding the start-up March 3rd of the Cumberland North Rural Practice Network. At present the staff includes Dr.'s P. Blaikie, B. McFarlane and R. Rhondeau, nurse practitioner Carla Green, receptionist Sherry Hurley, secretaries Teresa Huston, Janice Williams and Ann Barton (Oxford) and part time family practice nurse Heather Blaikie RN. It was emphasized that this is a pilot project and changes in delivery may have to be made along the way. A new phone system in connection with the hospital should be in place by the end of March. Information pamphlets will be mailed and brochures available when plans are finalized.



Call for Volunteers

The Gathering of the Clans organizing committee is looking for volunteers to help organize the 2008 Festival.

Volunteers are needed to help out with all aspects of mounting this very special event. From highland dancing to site preparation, parade set up, vendor coordination, entertainment, administrative, gate organization, and everything else.

Working on a major event like the Gathering of the Clans Festival is a wonderful way to gain experience in event management, skills which employers find very valuable.

For more information on how to volunteer or to get more information on the opportunities available, contact:
Randy Thompson
243-2946

Commission Meetings

The Commissioners of the Village of Pugwash meet each 3rd Monday of the month at the Village Hall at 7 pm.

Current Commissioners:
Katheryne Langille (Chair)
Linda Langille
Mary Lou Trenholm (Vice Chair)
Jim Whitman

**...its not just about business...
...it's about community...**

Have you ever wondered what some businesses in our own area actually do? Have you often driven to larger centres for services and found out later that it was available right here?

Did you know there are over 100 local businesses right in this area? How many can you count? How many do you use?

These are questions the Pugwash & Area Chamber of Commerce continues to work at understanding. We formed just over a year ago and strive to provide some services that are helpful, that are meaningful and that actually help businesses and our community grow. We don't always have the answers and solutions, but we've survived a year as a new chamber and we're still enthusiastic about the work.

One of our biggest projects for the next couple of months is the production of a brochure that features all of our area businesses and services. We've started planning this year's brochure to feature larger ads, photos of the area, and with much more information, colour and appeal. Distribution of the 2008 brochure will start May 1st for the residents and businesses in our area, as well as through the Visitor Information Centres for the tourism season.

Our community is growing and emerging as a vibrant area of Nova Scotia, attracting new people, new families and new businesses, all of which helps to build a great place in which to work, live and play. We support projects like the Northumberland Community Curling Club, Communities In Bloom, The Pugwash Peace Exchange, HarbourFest, Gathering of the Clans, Christmas By The Sea, and on and on.

The Pugwash & Area Chamber of Commerce

Yes, this **is** a pitch to become a member of the Chamber of Commerce. Or to continue to be a member. Or to just be a supportive voice for the businesses in our area. If you'd like more information on the Chamber of Commerce, or just wonder what we're up to, please call John at 243-3399, Peter at 243-2552, Harry at 243-2818 or Melanie at 243-2138 anytime.



CAN-U – You Can

Do you have a high School Diploma or know someone who would like to improve their skills. The Cumberland Adult Network for Upgrading offers Adult Literacy Upgrading classes at the Village Commission site in Pugwash.

These classes are for adults interested in improving their skill level to achieve a NS High School Diploma for Adults, GED certificate or for your own satisfaction.

Registration is free to adults 19 and over.

For more information or to register contact :

CAN-U Office
141 Victoria St. Amherst.
661-0153
Office is open Tues, Wed & Thurs

Save On
Travel Costs
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Everything
You Need Is
Here!

Pugwash Peace Exchange Update



The Pugwash Peace Exchange is helping to spread the word of peace and the name of Pugwash all over the province! On April 3rd, we will be hosting a very special fundraising event: "An Evening With Romeo Dallaire: Reasons for Hope in a Troubled World." This dinner event will take place at Saint Mary's University in Halifax, where Lieutenant-General Dallaire, our Honourary Patron, will give an inspiring talk about the need for peace and what we can do to help. For tickets or more information, give us a call at 243-2328.

The proceeds from this event will go towards our upcoming July 2008 conference, which will take place right here in Pugwash. "Pugwash, Parliamentarians and Political Will: Advancing the Agenda for Abolition" will bring together members of the Parliamentarian Network for Nuclear Disarmament (PNND), where they will develop strategies for building the political will necessary to take bold steps towards nuclear non-proliferation and disarmament. Once again, the eyes of the world will be on our village as we extend a warm welcome to our internationally diverse gathering of delegates.

The Pugwash Peace Exchange has a strong commitment to youth education, and we've recently been taking our show on the road! We've developed an educational presentation, focused around peace, the Nobel Prize and the Pugwash Conferences, and have been showing it to schools around our region, with the Nobel Prize medalion itself as a *very* unique educational tool! From North Colchester Regional High school, to Northport Elementary, to West Highlands Elementary in Amherst, and beyond that, we've taken great pleasure in teaching our region's youth about the importance of peace and the personal responsibility that they can take in making their world a more peaceful one.

Not a member of the Pugwash Peace Exchange yet? There's no time like the present! For more information about us, or to become a member, contact us at 243-2328. Or better yet, come by and visit us, just above the Pugwash library!

Interested in Starting Your Own Business?

Plan to attend an information session at the Pugwash Village Hall on Tuesday March 19th at 10am

To register, please contact 243-2946

Sponsored by:
CBDC Cumberland
The Pugwash & Area Chamber of Commerce
The Pugwash Village Commission



